

BATIDO BOWLS

kai | 11.95

acai, strawberry, blueberry, raspberry, banana, coconut water topped with granola, banana, fresh berries

sao paolo | 11.95

acai, cashew, raw cacao, banana, cashew milk topped with granola, banana, cacao nibs, coconut

ipanema | 12.95

acai, guanabana, papaya, banana, coconut water, topped with mango, mint, strawberry, honey, figs, granola, pineapple, toasted coconut

sra. martinez | 12.95

pitaya, cashew, lucuma, mango, passion fruit, coconut water, topped with granola, mango blueberries, blackberries, hazelnut butter, cacao, cashew, coconut

SUPER BATIDOS | 13.50

samba acai, maca, blueberries, strawberry, banana, coconut water

cuba pitaya, mango, banana, passion fruit, wheatgrass, almond butter, almond milk

socrates cashew, coconut, banana, raw cacao, date, maca, coconut water

puro beach raw coconut, kale, wheatgrass, date, banana, hemp protein, almond milk

JUGOS 16 oz 8.50 | 24 oz 11.50

straight up celery or orange | 16oz 8. | 24oz 10.50

1. kale, cucumber, green apple, lemon, ginger
2. orange, grapefruit, pear, lemon, mint
3. apple, beet, ginger, lemon, cayenne
4. kale, spinach, cucumber, celery, green apple, parsley
5. apple, beet, carrot, cucumber, ginger, parsley
6. spinach, kale, apple, celery, lemon, ginger
7. pear, pineapple, green apple, lime, mint
8. lemon, lime, alkaline water, raw sugar cane, cayenne, turmeric
9. orange, carrot, pineapple, apple, pear

amagansett orange, carrot, turmeric, ginger

habana kale, spinach, green apple, cucumber, sugarcane, lime, ginger, mint, cayenne

BATIDOS 16 oz 9.50 | 24 oz 12.

kalik date, banana, peanut, cashew milk

figawi strawberry, mango, banana, orange

xochitl kale, banana, date, strawberry, cashew milk

super linda pineapple, mango, banana, coconut, orange

percy fig, spinach, mango, pineapple, banana, cashew milk

cortado espresso, almond butter, raw sugarcane, banana, almond

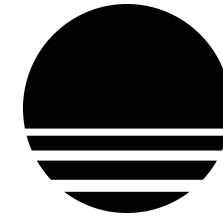
aston kale, pineapple, date, avocado, coconut water, banana

stella raspberry, blueberry, strawberry, banana, orange

nantucket oats, blueberry, cinnamon, banana, honey, almond milk

waka waka strawberry, raspberry, coconut, banana, cashew milk

maracuya passion fruit, avocado, banana, cashew milk



JUGOS

SHOTS

single 4. | double 6.50

one.

ginger, turmeric, pepper, apple cider vinegar, caña, lime

two.

ginger

three.

lemon, ginger, honey, turmeric, cayenne

four.

orange, lemon, lime, grapefruit, ginger, cayenne

BOOSTS | 2.

bee pollen	vitamin c
pea protein	honey
soy protein	chia
whey protein	oats
hemp	hazelnut butter
raw cacao	almond butter
goji berries	cashew butter
maca	spirulina

EGGS + TOAST

served all day

la positiva* | 9.

soft scrambled eggs, cheddar, avocado, aji amarillo crema on sourdough
add bacon | 3.50

versailles* | 9.

fried eggs, ham, swiss, dijon on pan sobao

choripan* | 11.

mexican chorizo, scrambled eggs, cheddar, avocado on pan sobao

tacos la merced* | 11.

mexican chorizo, soft scrambled eggs, salsa verde, queso fresco, avocado, crema

la niña | 11.

breakfast burrito, soft scrambled eggs, frijoles negros, sweet plantains, avocado, jalepeño, queso, salsa verde, crema mexicana
add chorizo or bacon | 3.50

el continental* | 8.

eggs any style, toast, fruta
sweet potato | 3. frijoles negros | 3.50
avocado | 3. bacon or chorizo | 4.

sexico* | 13.

sunny huevos, frijoles negros, avocado, sweet potato, queso fresco, salsa verde, toast

calentado* | 13.

sunny huevos, homemade arepa, queso fresco, avocado, rice and frijoles negros

pan con palta | 11.

avocado, lemon, olive oil, chili, on toast
toasted arepa | 3.

hb+j | 9.

hazelnut butter, berry jam, fresh berries, maple syrup, cinnamon, on multigrain toast

*Consumer Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. Before placing your order, please inform your server if a person in your party has a food allergy..

ENSALADAS

add grilled chicken or salmon, tuna or chicken salad | 3.50

cesar | 11.

kale and romaine, parm, sourdough

rockstar | 12.

mixed greens, apple, apricots, almonds, sunflower seeds, corn, avocado, queso fresco

honey honey | 12.

arugula, roasted butternut, shaved brussels, pear, avocado, cashews

greca | 12.

romaine, cucumber, feta, tomato, olives, peperoncini, pita

gramercy | 12.

arugula, cranberry, beets, apple, walnuts, goat cheese,

EMPANADAS | 4.25

beef | chicken | spicy beef | spinach | ham & cheese

SANDWICHES

b.l.a.t. | 10.

applewood smoked bacon, romaine, tomato, avocado, aji amarillo crema on sourdough
add chicken | 3.50 add sunny egg | 2.50

el atun | 10.

tuna, zaatar, aji amarillo, tomato, romaine, cucumber on sourdough

pan con lechon | 10.

mojo pork, sweet potato, sarza criolla, aji amarillo crema on pan sobao

hummus y palta | 10.

hummus, avocado, cucumber, carrot, romaine, tomato on sourdough

pollo supremo | 10.

aji amarillo chicken salad, cucumber, romaine on pan sobao



PLATOS + BOWLS

add mojo pork, grilled chicken, or salmon | 3.50

arepa con queso | 8.

homemade arepa, queso fresco, mint, honey, aleppo

arepa la reina | 12.

homemade arepa with sweet potato, black beans, queso fresco, avocado, crema

la chamba | 11.

rice and black beans, ensalada mixta, roasted sweet potato, peruvian corn, avocado, salsa verde

"al lo pobre"
add sunny
egg 2.50

oaxaca | 11.

rice and black beans, ensalada mixta, tortilla, queso fresco, radish, jalapeño, crema, salsa verde, guacamole

la marsa | 11.

rice, arugula, hummus, olives, feta, mint, parsley, tomato, cucumber, pita

caribe | 11.

yellow rice, beans, maduros, avocado & beet salad, mixed greens, queso fresco

SIDES

sweet potatoes | 3.50

avocado | 4.

maduros | 5.

frijoles negros | 3.

toast | 3.

multigrain | sourdough

bacon | 4.

chorizo | 4.

buttered arepa | 5.

egg* | 3.

cooked to order